



Specializing in Oncology, Hematology, Gynecology and Radiation

# **Gestational Trophoblastic Disease**

## **Discharge Instructions**

Please call the office (708-422-3242) within 48 hours of returning home to schedule or confirm a postoperative visit with your physician.

### **Follow Up After Molar Evacuation**

- Physical exam 4 weeks after evacuation
- Serum hCG measurements every 1-2 weeks until 3 consecutive tests show normal levels
- hCG levels at 3 month intervals for 6 months after spontaneous return to normal
- Contraception and pregnancy avoidance recommended for 6 months after a normal hCG result

#### Follow Up After Treatment for Gestational Trophoblastic Neoplasia (GTN)

- hCG levels weekly x 4 and then monthly for 12 months
- Contraception and pregnancy avoidance for 12 months after a normal hCG result
- Annual gynecologic examinations with annual hCG

#### **Care After/During Future Pregnancies**

- First trimester ultrasound to confirm a normal intrauterine pregnancy
- Pathologic examination of the placenta following delivery
- hCG level 6 weeks after the termination of any pregnancy event

#### Office Information

- During office hours (M-F; 8am- 4:30pm) call 708-422-3242 and ask to speak with a nurse or Physician Assistant.
- After office hours call 708-422-3242 to reach the on-call physician. Please reserve evening and weekend phone calls for urgent matters only.
- For emergencies call 911 or go immediately to the nearest Emergency Room.